

# Suggested Resources for Families of Children with Elevated Blood Lead Levels (lead poisoning)

## Home Assessment

### Home/environmental exposure assessments:

#### The American Lung Association - Master Home Environmentalists

[www.alaw.org/air\\_quality/master\\_home\\_environmentalist/home\\_health\\_assessment.html](http://www.alaw.org/air_quality/master_home_environmentalist/home_health_assessment.html)

Children with elevated blood lead levels should have an environmental exposure assessment conducted at their homes to identify risk factors. Trained Master Home Environmentalist volunteers use a Home Environmental Assessment List (HEAL™) to help identify health hazards in your home.

#### Local Public Health Department

[www.doh.wa.gov/LHJMap/LHJMap.htm](http://www.doh.wa.gov/LHJMap/LHJMap.htm)

Your local health department may contact you to arrange a visit to your home to help identify potential sources of lead exposures contributing to your child's elevated blood lead level. For additional information, call 1-800-909-9898 or see the Washington State Department of Health Web site: [www.doh.wa.gov/ehp/Lead](http://www.doh.wa.gov/ehp/Lead)

## Developmental Screening for Your Child

### Free screening and assessment of child's development:

#### Infant Toddler Early Intervention Program (ITEIP)

[www1.dshs.wa.gov/iteip/](http://www1.dshs.wa.gov/iteip/)

A free evaluation is a way to see if a child is eligible for early intervention services. The program provides service coordination and ongoing specialized services to families of eligible children (age birth to three) with disabilities and developmental delays. To find out more information on scheduling a screening assessment, call the Family Health Hotline at 1-800-322-2588 or see the ITEIP Web site: <http://www1.dshs.wa.gov/iteip/CountyOrgLinks.html>

## Nutritional and Health Services

### Discusses the importance of a healthy diet:

#### *Fight Lead Poisoning with a Healthy Diet* (EPA booklet)

[https://fortress.wa.gov/doh/here/materials/PDFs/25\\_LeadDiet\\_E01L.pdf](https://fortress.wa.gov/doh/here/materials/PDFs/25_LeadDiet_E01L.pdf)

This booklet provides healthy meal and snack ideas and recipes. Children with empty stomachs absorb more lead than children with full stomachs. Provide your child with four to six small meals during the day. Nutrients, such as iron and calcium and vitamin C, can protect your child from lead poisoning.

### On-line food and health resources:

#### Parent Help 123 (a program of Within Reach)

[www.parenthelp123.org/](http://www.parenthelp123.org/)

In three easy steps, you can find out if you qualify for Basic Food (food stamps), First Steps (pregnancy Medicaid), children's health insurance programs, Basic Health, and WIC. You can also search for other services in your community like child care, food banks, breastfeeding support and immunization clinics.

## Dealing with Lead Paint in Your Home

### Describes the process of testing your home for lead:

*Testing Your Home for Lead in Paint, Dust, and Soil* (EPA booklet)

[www.epa.gov/lead/pubs/leadtest.pdf](http://www.epa.gov/lead/pubs/leadtest.pdf)

This publication is for anyone who is considering having a home or residence tested for lead in paint, dust, or soil by a lead-based paint professional. It explains the technical aspects of lead testing and sampling in simple terms.

### Resources for renovation, repair, or repainting:

*Renovate Right: Important Lead Hazard Information for Families, Child Care Providers and Schools* (EPA booklet)

<http://www.epa.gov/lead/pubs/renovaterightbrochure.pdf>

If you live in a home built before 1978, this guide will help you learn how to prepare for a renovation or other work on your home and show you what to look for during the job and after the job is done. If you plan to do renovation work yourself, this document is a good start, but you will need more information to complete the work safely. Call the National Lead Information Center at 1-800-424-LEAD (5323) and ask for more information on how to work safely in a home with lead-based paint.

### Lead safety tips for tenants:

Alliance for Healthy Homes

[www.afhh.org/dah/dah\\_lead\\_safety\\_tips.htm](http://www.afhh.org/dah/dah_lead_safety_tips.htm)

This Web site provides information on rights of people renting homes built before 1978.

### List of certified lead paint removal companies in Washington State:

Washington State Lead-Based Paint Program

[www.cted.wa.gov/site/515/default.aspx](http://www.cted.wa.gov/site/515/default.aspx)

This Web site provides a list of firms certified to perform lead-based paint activities in the state of Washington, cites the laws and rules around lead abatement practices, and describes required notifications.

Lead Line Phone: 360-586-LEAD (5323)

### Financial assistance in removing lead from your home:

Washington State Lead Hazard Control Grant Program

[www.cted.wa.gov/site/1030/default.aspx](http://www.cted.wa.gov/site/1030/default.aspx)

The Department of Community, Trade, and Economic Development's Lead Hazard Control Grant Program (LHCGP) provides funding for the control of lead-based paint hazards in low-income families' homes. The LHCGP makes housing for low-income people safer by testing for and mitigating lead-based paint hazards. For more information about services in your area, please see "the sub-Grantee Contact List" link: [www.cted.wa.gov/site/1035/default.aspx](http://www.cted.wa.gov/site/1035/default.aspx). The contact list provides includes Agency information and counties served.

USDA Rural Development

[www.rurdev.usda.gov/wa/Housing.htm](http://www.rurdev.usda.gov/wa/Housing.htm) (Click on link "Home Repair Information Sheets")

The USDA Rural Development provides subsidized loans or low 1% interest rate loans (with a 20 year term) to qualified low income homeowners to repair or make improvements to their home. Applicants must be the owner-occupant of a dwelling (with a market value under the maximum limit), which is located in a rural area.

## More information on Lead Poisoning

Washington State Childhood Lead Poisoning Prevention Program

1-800-909-9898 • [www.doh.wa.gov/ehp/lead](http://www.doh.wa.gov/ehp/lead)