Native Worldview Welcome

Elder Kathy ‘Wan Povi’ Sanchez
Tewa Women United
Bi po wa beh
Why are we here today?

For Women, For Children
For Families, For Our Future
TRAUMA ROCKS
ENDING SILENT HARMFUL
PASSAGE OF NOT KNOWING
Visual aide to Understanding Soul Wounding
1st to 2nd Generation
GREAT GREAT GRANDMOTHER’s lived experience
3rd to 4th generation
$3^6 = 729$

$3 \times 3 \times 3 \times 3 \times 3 \times 3 = 243$

$3 \times 3 \times 3 \times 3 \times 3 \times 3 = 81$
3, 4\textsuperscript{th}, 5\textsuperscript{th}, 6\textsuperscript{th}, to 7\textsuperscript{th} Generation
1st to 7th Generation
G A S if bags are not opened and all hurts are stuffed
7th Generation

3 \times 3 \times 3 \times 3 \times 3 \times 3 \times 3 \times 3 = 2,187
No One Deserves To Be Hurt

Trauma Rocks

Ending Hatefulness
Emotional Vomit
Does one pick it all up and swallow it again?
Thoughts are Powerful

I am the Thought that exist in the Light
She who exists before the ALL
I move in every creature
I am the Invisible One within the All
I am the perception and the knowledge
Uttering a voice by means of Thought
I cry out in everyone,
And they know that a seed dwells within them.
Culture of Peace
connects thoughts
asked in prayer.
Re-defining  Re-affirming
in loving light
Butterfly Model of Transformed Energy

• We are multi-versal, earth-centered, spirit-based – community-kindred peoples
• Two-legged relatives to all earth visions
• We are Outer visions of the inner visions
LOVE is intentional energy
  . Of thought
  “Who is my purpose in life?”

• Thought=Breath= Mist =Water =
  Thought fulness/goodness

• Being of Simultaneity = Reciprocity for Spirit

• SPIRIT-based ......Community-kindred peoples
Two-World Harmony Starts From Within
Our Values

- Wina ta yay
- Wowatsi
- Kwee wa- sen wa

- Together we help each other, reciprocity
- Being Alive with purposeful intentionality
  - Honor female & male, ancestral energy as presence in self
Our Values

• Respectful caring of self and others in all relations

• Mother Earth, living Tewa wombfulness

• Loving, caring, looking out for each other

A’gin tuu

• Nan ochuu kweeyo

• Seegi ma vay i
MISSION

• To provide safe/courageous spaces for Indigenous women to uncover the power, strength and skills they possess to become positive forces for social change in their families and communities.
Give love & Thankfulness

- Asking mind-body
- Asking heartfulness
- Asking multi-spirit connectiveness for GUIDANCE w/ Transpection of Contradictions
From sky energy to us

Breath of Life

- Mother Earth’s way of nurturing
- earth energy forms

AIR FIRE EARTH WATER
Tree of Life

Breath of Life

Connectedness
Our work, Our Wowasti, Our lifeway
by being & living thought fully
(conscious practices-spi-ritual)
- COMMUNICATION
- SELF EXPRESSION
- diversity of modalities
- REASONING
- WORTHINESS
- INTEGRITY
- PURPOSEFUL LIVING
- NOT ALL IS KNOWN
From Survival to Thriving

SEEKING TRUTH

Focus of Energy
The Three T’s of Cultural Pride

- Thought
  - Values-Beliefs
- Technology
  - Methods
- Technique
  - Activities
• inclusiveness, both & more, seeing with the eyes of the heart, non judgementally… Openness of loving, caring, nurturing ways of nature of co-existence in light of good thoughts & PRAYERS
Coming Back Full Circle
Coming Back Full Circle

• SEEDS OF HOPE
• Circle Of Grandmothers , Elders
• Women’s Tribal Wisdom
• Youthful Wisdom: A’gin
• Men’s Peace Circle
TWO-WORLD HARMONY STARTS FROM WITHIN

Nurture & Protect Radiant Loving Energy in All Your Relations
HEALTHY PATHWAYS FROM DREAMS TO REALITY

1. BY ASKING FOR SPIRITUAL GUIDANCE
   A passage way opens darkness to clarity

2. BY KNOWING WHO YOU ARE
   Integrity of self mobilizes the sacredness of all upon this earth.

3. BY ACCEPTING WHO LIFE BRINGS
   Purposeful dawning enlightens awaken kindred relations

4. BY HAVING PATIENCE
   Living is understandable

5. THROUGH SHARING WHAT YOU HAVE
   Simultaneity restores living

6. BY RESPECTFULNESS OF OTHERS
   Recharge is mutual

7. BY TAKING OTHERS to HEART
   Harmony is found within

8. By Being AS A FEMALE, By Being AS A MALE
   One is found within the other
   One informs the other
   Oneness is two-world harmony

9. WHEN LIVING WITHIN PRESENCE
   Moments are forever

10. BY HONORING ELDERS
    Youthful wisdom sees beyond the wisdom of soulfulness

11. BY SEEING CONNECTIONS relationships
    Life’s sacredness radiates to all
Vision-Guidance
from the other side

• Travels freely within mind, heart and spirit
• and all so gently, as a cool breeze;
  Journeying with the refreshing
  spirit of pulsating water
• yet has rootedness, connectedness and
  The nurturing ability as a wise old tree;
• And offers the inner love radiance
  of an innocent state of being.
• And I shall smile upon you, my child.. breathe of my heart...
  my child yet to be,
  my love,
• For only a thought will I be,
  a guiding spirit
• Transcending all time
  in the cyclical energy realms of creativity in
  .... Dreaming you forward
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